

2017 KCA CONFERENCE BREAKOUT SESSIONS AT A GLANCE (Draft)

* RECOMMENDED FOR GRADUATE STUDENTS AND NEW COUNSELORS / ** RETIRED OR NEARING RETIREMENT

Nov 2, 2017 THURSDAY	FEATURED SESSIONS	CLINICAL MENTAL HEALTH and INDIVIDUAL TRAUMA		CLINICAL AND SCHOOL BASED COUNSELING		SCHOOL COUNSELING		ETHICS & LEGAL ISSUES	SELF-CARE PROFESSIONALISM & RESEARCH	SUBSTANCE ABUSE
Nov 2, 2017 EARLY BIRD Thursday 7:30 – 8:15	COFFEE CHAT in Pendleton *Prizes for First Timers and New Counselors	100A <i>Jails as the New “Asylums”:</i> Providing Care for Incarcerated Individuals with Mental Illness Tiffany Arrows, LPCC		*100B – <i>Incorporating Art therapy into the Treatment of Children and Adolescents</i> Aubrey Alshouse, LPCA, LPATA McKenzie Rich, LPCA, LPATA Tara Harding, LPAT, ATR-BC		100C- <i>The Counselor-Principal Relationship</i> Lara Donnelly, Professional School Counselor, JCPS				
Sessions 101 - 112 Thursday 8:20 – 9:10	101 - Whitley <i>Developing Resilience and Engagement in Students... WhyTry approach</i> Christian Moore, LCSW	102 - <i>The Price of Support: Compassion Fatigue</i> Dr. Mary Bemker, PsyS; Rick Holladay, LPCA	103 – <i>Can Parenting Education Impact CPS Parents in Appalachia?</i> Terrie Harris, LPCC-S	104 <i>From the Patrol Car to the Classroom</i> Joseph L. Bargione, PhD, Licensed School Psychologist 105 - <i>Understanding Adolescents</i> Dr. Melinda Mays, LPCC	106 <i>The Heart of Art: Expressive Art Interventions to Working with Children of Disabilities</i> Dr. Charles Myers, LPCC,RPT-S; Amanda Smith	107 - <i>Professional School Counselors: Integral Stakeholders in the Recruitment, Retention, and Support of African American, Latino and Low-income Students in Advanced Placement Programs</i> Dr. Damien Sweeney, Dr. Tinisha Taylor	108 – <i>College Admissions 101</i> Amy Medley, Marti Johnston; duPont Manual HS 109 - <i>Career Pathways: What Every Counselor Should Know</i> Noel Crum, Principal, Johnson Co. Schools	110 – <i>Relational Ethical Decision Making Model: RED M&M</i> Dr. Virginia Holeman, Pastoral Psychology and Counseling, Asbury Theological Seminary	111 – <i>“That’s the Counselor for me” Why potential Clients choose counselors when age, race and gender are considered</i> Lori McDunn, LPCC	112 - <i>What Every KY Counselor Should Know About Gambling and Disordered Gambling</i> Curtis Barrett, Ph.D. ABPP, ICGCB
Sessions 201 – 212 Thursday 9:20 – 10:10	201 ...contained Resilience and WhyTry Approach Christian Moore, LCSW	202 – <i>“Coming Out” A Qualitative Study of Disclosure to Parents by Christian Sexual Minorities During the College Years</i> Jeffrey Reed, MA; Dr. Steve Stratton; Dr. Janet Dean; Christina Dillon, LPCA	203 – <i>Counseling Probationers and Parolees</i> Marquetta Johnson, LPCA 204 – <i>Couples Counseling</i> Normanda Lawless, LPCA, NCC	205 - <i>Psychoeducational Groups in Crisis Intervention</i> Bethanie Brogli Opell, Ed.S. School Psychology; Penny Mills, School Psychologist, JCPS	*206 <i>Exploring the Use of Puppets in Counseling</i> Dr. Rebecca Pender Baum, LPCC; Cara Holley; Eddie Sheridan	207 – <i>Effective Social Emotional Learning: Fostering a Culturally Responsive School</i> Jessika English, School Counselor 208 – <i>The Beginning of EOC Assessment for English II</i> Jamee Barton, Chris Crouch, Micki Ray, KDE Literacy Consultants	209 <i>Ready to Extend a Caring Hand (REACH): Mentoring Program in Urban School Setting</i> Ben Langley, Program Director - JCPS	210 – <i>Evidenced-based Practice and the Counselor: Specific Treatment Interventions to Guide Clinical Decision Making</i> Dr. David Higgins, LPCC, NCC, University of the Cumberland	211 – <i>The Experiential Pedagogy of Films in Multicultural Counselor Education: A Case for Moonlight</i> Joshua Elliott; LPCC, Lauren Downey, LPCC; Doctoral Candidates at EKU	212 - <i>Session 111 Continued</i> Curtis Barrett, Ph.D. ABPP, ICGCB
10:30 – 11:30	GENERAL SESSION in Trimble/Taylor/Whitley Room on 2 nd floor. Keynoter: SAM GLADDING, PhD. <i>Developing as Counselors: We Are Family</i>									
11:45-1:00	LUNCHEONS: KSCA in Poolside Exhibit Hall LPCA/LPCC in Coronet A/B					Box Lunches in Crowne A Exhibit Hall (selection made on registration form)				

<p>THURSDAY Sessions 301 – 313</p> <p>Thursday 1:10 – 2:00</p>	<p>*301 <i>Writing Messages in Solution-Focused Brief Counseling (SFBC)</i> Dr. Gerald Sklare, LPCC</p>	<p>302 - <i>Holding Sexual Identity and Religious/Spiritual Identity in Faith-based Higher Education</i> Dr. Steve Stratton, Dr. Janet Dean, Jeffrey Reed; Asbury Theological Seminary</p>	<p>303 – <i>Pornography: The Hidden Addiction</i> Hannah M. Coyt, LPCC, NCC</p> <p>304 <i>An Introduction to EMDR</i> Dr. Melinda Mays</p>	<p>305 – <i>“My Child is Evil” Understanding Treatment Options for Callous-Unemotional Traits in Children and Adolescents</i> Dr. Russell Hall, Lic. Psychologist; Matthew Fowler, LPCC</p>	<p>306 – <i>Broadcast Blues: The Correlation of Adolescent Behaviors and Media Influence</i> Ashley Debord, LPCA; Jessica Greene, Daniel Greene</p>	<p>307 – <i>Student Engagement in the KY ILP! Really? Tell me how!</i> Pamela Gabbard, Consultant;</p> <p>308 – <i>From Classroom to Career Field: Using education-community collaboration to enhance college and career readiness</i> Dr. Cheryl Wolf, LPCA, NCC; Rachel Bauer, WKU</p>	<p>309 – <i>Goggle Your Way To a Comprehensive High School Counseling Program</i> Kelly Caldwell, HS Counselor; Laura Dedic, Model Lab</p>	<p>310 – <i>Ethical Dilemmas in the Digital Age Part 1</i> Ed Johnson, M.Ed., MCA, LPC, CCS Southeast ATTC</p>	<p>311 - <i>Five Collaboration “Blindspots” and How to Turn Them into Powerful Ways to Partner with Others</i> Dr. Jan Anderson, PsyD, LPCC</p> <p>**312 – <i>What Happened to my Retirement in the 2017 Legislative Session</i> Becky Niece, TRS; Tim Abrams, KRTA</p>	<p>313- <i>MAT: Medication Assisted Treatment for Opiate Addiction</i> Dr. Jason Bluemlein, LPCC; Shaquita Andrews-Higgins; Rachel Padalino</p>
<p>Sessions 401 – 413</p> <p>Thursday 2:10 – 3:00</p>	<p>401 – <i>Self Evaluation: Cornerstone of Reality Therapy</i> Dr. Robert E. Wubbolding, LPCC Director: Center for Reality Therapy</p>	<p>402 – <i>Introduction to Emotionally-Focused Couples Therapy</i> Michael Taylor, LMFT</p> <p>*403 – <i>When We All Get Together: How Counseling Professionals Relate to Wraparound Practice</i> Mykey Lewis, LPCC; Kimberly Gilliam, Institute for Excellence in Behavioral Health; ECU</p>	<p>404 – <i>Integrating Career Counseling with Mental Health Counseling</i> Dr. Amber Hughes, NCC</p> <p>*405 – <i>An Exploration of the New Haven Trauma Competencies</i> Lauren Downey, LPCC; Joshua Elliott, LPCC</p>	<p>406 - <i>Evaluating the Working Alliance and Coping for Adolescents in Crisis</i> Dr. Richard Balkin, LPCC, NCC; Taylor Johnson, Student</p>	<p>407 – <i>Creating Safe Spaces for Cultural Conversations</i> Dr. Justin Brogan, LPCC; Dr. Samir Patel Murray State</p>	<p>408 – <i>KDE Update for School Counselors – Pt1</i> Robin McCoy, Comprehensive Guidance Counseling Program Coordinator; Kathy Moore, Exec. Advisor; Both from Office of Teaching and Learning, KY Dept. of Educ.</p>	<p>409 - <i>How Counselors Help Gifted Children and Young People Thrive</i> Dr. Julia Roberts, The Center for Gifted Studies, WKU</p>	<p>410 – <i>Ethical Dilemmas in the Digital Age Part 2</i> Ed Johnson, M.Ed., MCA, LPC, CCS Southeast ATTC</p>	<p>*411 – <i>Relax and Rest to Succeed: The Impact of Stress & Sleep on GPA and College Retention</i> Dr. Cheryl Wolf, LPCA, NCC, GDCF; Racheal Carter</p>	<p>412- <i>Addiction and the Incarcerated</i> Hazel Parrish, LCADC, MS – Ed Psy</p> <p>413 – <i>Trauma and Substance Use Disorders</i> Geoff Wilson, LCSW, LCADC</p>
<p>Sessions 501 – 512</p> <p>Thursday 3:10 – 4:00</p>	<p>501 – <i>Helping Clients to Resolve Their Family of Origin Issues: Healing Personal, Family, and Professional Relationships</i> Dr. Daya Singh Sandhu, LPCC, NCC; Dr. Jeff</p>	<p>503 – <i>The War Within: Case Conceptualizations of a Soldier named J</i> Dr. Laura M. Schmuldt, Associate Professor, U of C, John Fitch, MFA, Professor, ECU</p>	<p>*504 – <i>Counseling People with Disabilities: An Introduction</i> Jeremy Smith, LPCC, NCC</p> <p>505 - <i>Transgender Children/Youth: Helping Them Through Their</i></p>	<p>506 <i>Better than Bourbon in the Bluegrass: Equine and K9 Animal-Assisted Therapy</i> Dr. Charles Myers, LPCC; Dr. Angela Spiers; Heather James</p>	<p>507 – <i>The Complexity of Treating Eating Disorders</i> Andrea Barbian-Shimberg, LPC, NCC</p>	<p>508 – <i>KDE Update for School Counselors – Pt2</i> Robin McCoy, Comprehensive Guidance Counseling Program Coordinator; Kathy Moore, Exec. Advisor; Both from Office</p>	<p>509 – <i>College Planning: Not Just for Seniors Anymore</i> Toni Wiley, KHEAA Outreach Counselor</p>	<p>510 – <i>Addressing Abuse with Adolescents: Problems and Processes</i> Quentin Hunter, LPCA, NCC; Katelyn Richey, school counselor; Shaun Sowell, Advisor, U of L</p>	<p>*511 – <i>Whose Voice Matter? Your Voice: Pathways for Counselors to Serve</i> Dr. Rebecca Pender Baum, LPCC; Eric Rudd, Murray State Univ.</p>	<p>*512- <i>Heroin: The New Game Changer in Corrections</i> Hazel Parrish, LCADC, MS –Ed Psy</p>

	Parsons, Lori McDunn **502 – <i>Hey There Super-Ager: You with the Insatiable Desire to Live Happy and Free!</i> Leslie C. Dunn, Retired School Counselor		<i>Transition Journey</i> Janet Vessels, LPCC-S, RPT-S			of Teaching and Learning, Kentucky Dept. of Education				
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Nov 2, 2017 THURSDAY	FEATURED SESSION	CLINICAL MENTAL HEALTH And INDIVIDUAL TRAUMA		CLINICAL and SCHOOL BASED COUNSELING		SCHOOL COUNSELING	ETHICS & LEGAL ISSUES	SELF-CARE and Professionalism	SUBSTANCE ABUSE	
THURSDAY Sessions 601 – 612 Thursday 4:10 – 5:00	601 - <i>Shifting the Culture: From Guidance to Professional School Counseling</i> Dr. Justin Brogan, Dr. Samir Patel, Dr. Alan Bakes	602 – <i>DBT with Non-Suicidal Self-Injury Clients</i> Normanda Lawless, LPCA, NCC 613 - <i>Lost in Translation: The importance of Working with Interpretation Services in Counseling</i> Dr. Angela Spiers, LPCC, Facilitator; Dr. Laurence Hayes, Amy Milecznski; Dr. Lawrence Crouch, LPCC; Dr. Charles Myers, LPCC; Karin Van Horn, LPCA	603 – <i>Stepping Away from the Political: Understanding Decision Making and Possible Grief Issues in Abortion</i> Dr. Laura M. Schmuldt; Dr. Imelda Bratton, LPCC; Lindsey Brown	604 – <i>Interconnected Systems Framework: Integrating School-based mental health supports</i> Dusty Phelps, LPP; Kathryn Tillett, KY AWARE Director, KDE 605 – Bibliotherapy for Grieving Students Penny Mills; Bethanie Brogli Opell; School Psychologists	606 – <i>Moving the Therapeutic Sand Tray From the Therapist's Office to the School</i> Dr. Joseph Bargione, Certified School Psychologist; Dr. Beverly Winsch, JCPS	607 - <i>CTE and Post-Secondary Readiness</i> Tony Jury, Principal, KDE/OCTE 608 – <i>The School Counselor's Role in Addressing Social Aggression in Middle School</i> Dr. Patrick Hardesty; Dr. Nancy Cunningham	609 – <i>Infinite Campus Tips and Reports for Counselors</i> Lori Holbrook, Counselor; Master Schedule Specialist; Amy Mueller, Training Specialist	610 – <i>Supervision Gatekeeping: The role and usage of technology in maintaining legal and ethical standards</i> Ashley Brooks, LPCC; Dr. Ken Engebretson, Associate Professor, EKU	*611 - Grad Students <i>Navigating the Cloudy Water in your Journey to Becoming a Professional Counselor</i> Dr. Susan Patterson, LPCC, LWC	612 <i>Co-Occurring Disorders & Stigma</i> Joey Gude, MA, CADA, LMHC(t)

5:00 - 5:15 CROWNE A Exhibit Hall Prize Drawings

5:20 – 6:45 Afternoon Meetings	KMHCA Meeting Madison Room 5:20 – 6:00pm All mental health counselors urged to attend	Divisional “Meet and Greet” 5:45 – 6:30pm (Poolside Exhibit Hall) Soft Drinks & Snacks Provided KCA invites all counselors to stop by and learn more about opportunities to be networked with other like-minded counselors through the various Divisions. Membership in most Divisions is free if you are a KCA member. All Divisions are welcome to participate.
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EVENING EVENTS 6:00 – 11:30pm	6:00 – 8:30pm WKCA & OTHERS TBD	9:00 – 11:30pm Coronet A/B Happy Birthday KCA! Social Event with live music by Radiotronic Great time to wear those KCA t-shirts available to order with registration.
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Nov 3, 2017 FRIDAY MORNING	FEATURED SESSIONS	CLINICAL MENTAL HEALTH and INDIVIDUAL TRAUMA		CLINICAL AND SCHOOL BASED		SCHOOL COUNSELING		Graduate Students & New Counselors	SELF-CARE and PROFESS- IONALISM	SUBSTANCE ABUSE COUNSELIN G
Nov 3, 2017 EARLY BIRD FRIDAY 7:30 – 8:15		**700A – <i>Age Shaming: The continued pressure for body perfection in middle age. Implications and treatment.</i> Dr. Kimberly LaFollette, PsyD. LWC				700B <i>NCAA Initial Eligibility</i> Caroline Nourse, Assistant Director of Compliance, U of L			700C <i>Understanding the motivation behind substance abuse</i> Ebony Williams, LPCC	
Sessions 701-713 Friday 8:20 – 9:10	701 - <i>Panel Discussion– Mental Health Needs of Service Members, First Responders, Veterans and Families</i> Facilitated by: Tammy Hurst with Michael Freville, LPCC; Heath Dolen, KY Dept of Behavioral Health; John Mustain, Veteran Outreach; ...	702 - <i>Art Therapy in a Psychiatric Hospital</i> Aubrey Alshouse, LPCA, LPATA; McKenzie Rich, LPCA, LPATA; Tara Harding, LPAT, ATR-BC 703 – <i>Supervision in the Context of Performance Improvement</i> Dr. Gary Patton, LPCC, NCC	704 – <i>Trauma Intervention Workshop</i> Lena Kline, LPCC 705 - <i>Welcome to the Emotional Polarity Technique</i> Dr. Annette Abel, LPCC; Dr. Holly Abel, LPCC; Laura Jones,	706 – <i>Developing Adventure-Based Programming to Meet Client Needs</i> Dr. Charles Myers, LPCC, RPT-S; Dr. Angela Spiers, Dr. Nathan Underwood, Taylor Dantes, Stella Gibson, Amanda Smith	707- <i>“13 Reasons Why” Why We Should be Paying Attention</i> Dr. Stacy Springston, LPCC, Danette Hurley, MS	708 – <i>Homeless with Homework</i> Giselle Danger- Mercaderes, CSW, MSSW	709 <i>Why Fostering Success?</i> Paula Saenz, CHFS, DCBS, DPP Frankfort 710 <i>Stepping up your game – Become a NBCT School Counselor</i> Dana Goins, School Counselor	*711 – <i>Supervision: Great Expectations</i> Carla Jenkins- Pratt, Clinical Director, NeuroDelta Counseling & Education Center, PLLC	**712 – <i>Experiential Breakout Session: Being Mindful -Demystifying Mindfulness Based Practice</i> Dr. Carol Sommer, LPCC, EKU	713 - <i>Trauma and Transgene- rational Substance Use in Appalachia</i> Darlene Vaughn, LPCC, CSAC
Sessions 801-812 Friday 9:20 – 10:10	801 <i>An Introduction to the KY LPC BOARD</i> Dr. Imelda Bratton, Dr. Martin Wesley, Chris Griffith	802 – <i>Criminal Mind or Mental Health Concern: How These Dimensions Collide</i> Brian D. Coyt, MA, Special Agent – Dept. of Homeland Security Hannah Coyt, LPCC	803 – <i>Feelings Jenga! Meeting the Mental Health Needs of Youth through Play</i> Tangi Jones, LMFT, JCPS 804 – <i>Stillbirth through a Trauma Lens</i> Samantha Rouse, LPCA; Tamera Fenton, LPCA	805 – <i>Career Counseling 101</i> Dr. Rebecca Pender Baum, LPCC; Katherine Patterson, Courtney Bell, Murray State	806- <i>Fighting Invisible Monsters: Understanding the Impact of Trauma within the Classroom</i> Dr. Renee Scheckelhoff, Psy.D; JCPS	807 – <i>Moving from Reaction to Prevention: Kentucky’s Early Warning and Persistence to Graduation Data Tools</i> Donna Deal, KDE	808 – <i>Supporting LGBTQ Students and Families Autumn Reece, School Counselor</i> 809 – <i>Rockin’ Transfer with KTCGS: Start Here, Go Anywhere</i> Elizabeth Cole, LPCC, Counselor, Professor - BSKCTCS	*810– <i>Conceptualizing the Counseling Session: A Professional Method for Progress Notes</i> Dr. Rhonda Sutton, LPC, LPCC, NCC, STEPnotes, Inc.	811 – <i>Fabric of Our Lives: Expressive Approach to Counseling, Education, and Supervision</i> Dr. Angela Spiers, LPCC; Dr. Charles Myers, LPCC; Dr. Lawrence Crouch, EKU	812 - <i>Helping the Adult Children of Alcoholics</i> Dr. Daya Singh Sandhu, NCC, LPCC
10:30 – 12:00	CROWNE A BALLROOM - Buffet Brunch, Counselor Awards and Closing Session									