

2019 KCA CONFERENCE BREAKOUT SESSIONS AT A GLANCE - Draft

Nov 14, 2019 THURSDAY	FEATURED SESSIONS	CLINICAL MENTAL HEALTH and INDIVIDUAL TRAUMA	CLINICAL AND SCHOOL BASED COUNSELING	SCHOOL COUNSELING	ETHICS & LEGAL ISSUES and LGBT	SELF-CARE PROFESSIONALISM & RESEARCH	ADDICTIONS COUNSELING			
Nov 14, 2019 EARLY BIRD Thursday 7:30 – 8:15	COFFEE CHAT in Pendleton *Prizes for First Timers & New Counselors	100A – <i>A Marriage or Mirage: When Dreams Become Nightmares</i> Sherreka Harvey, LPC; Tiffany Priddy, LPC; Dr. Daya Sandhu, LWC	*100B – <i>Behavior Run Amok: Trauma through the Eyes of a Child</i> Janet Vessels, PhD, LPCC-S, RPT-S Rebecca Ball, MAPC Student	100-C <i>The C Word...The Importance of Encouraging Connection</i> John Bender, LPCA, Adjunct Instructor - LWC	100-D <i>Self-Care in Your Notes: Eliminating Paperwork Outside Your Session</i> Jodi Bessinger, Renew Counseling	100-E <i>Rationale Emotive Behavioral Therapy with Alcoholics & Substance Abusers</i> Sheena Falter, LPCA, Doctoral Student				
Sessions 101 - 112 Thursday 8:20 – 9:10	101 - Whitley <i>Adapting EMDR for Public Safety and Military Members</i> Dr. Trevor Wilkins, LPCC	102 - <i>Breaking the Mental Fun-House Mirror: Treating Body Image Disturbance in Clients</i> Katie Fowler, LPCC; Morehead State Univ Matthew Fowler, LPCC-S 103 – <i>Addressing Trauma Culturally and Holistically</i> BethAnne Swick, LPCC-S	104 – <i>Disarray in the Mind: A Phenomenological Account of Adversity and Overcoming</i> Elijah Sprague, LPC 105 - <i>PTSD Basics for Trauma Survivors</i> Melody Pewitt, LPCC-S, NCC	106 - <i>Piecing together an Accurate Diagnosis</i> Kelli McCormick, LPCC-S, LCADC; Scottiann McClain, LPCC	107 - <i>Every SuperHero Has an Origin Story: Campbell's Hero's Journey – Alternative to the Trauma</i> John Bender, LPCA, Adjunct Instructor - LWC	108 - <i>K.R.U.S.H. (Kids Rising Up through Support and Healing)</i> Jalina Wheeler, Ed. Specialist – School Counseling; Kristi Whittaker, Russell Ind. Schools	109 - <i>Best Practices for FAFSA Completion</i> Candice Johnson, EdD, KHEAA Senior Outreach Counselor *Parking Lot KHEAA College Info Road Show Kevin Wilson	110 - LGBT <i>Ethical Challenges in Counseling LGBTQ Youth</i> Quentin Hunter, PhD, LPCA, NCC	111 - <i>When a Client Dies: How A Counselor Processes Their Inner Struggle</i> Normanda Lawless, LPCC, NCC	112 – <i>Rural Health Opioid Program: Advocacy and Recovery Needs</i> Savanna Helton, LPCA; Kyle Perkins, Allison Moore Horizon Health
Sessions 201 – 213 Thursday 9:20 – 10:10	201 - Whitley <i>How to Make Peace with Your Past, Your Parents and Just About Anybody Else</i> Dr. Jan Anderson, PsyD., LPCC	202 – <i>I Owe My Soul.... An examination of Appalachian Coal Mining and Canadian Cola Mining Communities</i> Angela Spiers, EdD, LPCC-S, Dr. Crouch, Dr. Turner, and Jacob Hurd, EKU Grad Student 203 – <i>I Can't Weight – The Link Between Borderline Personality Disorder and Morbid Obesity</i> Ashley Debord, LPCA	204 – <i>Mindful Curiosity: An Introduction to Radically Open DBT's Self-Enquiry</i> David Maynard, PhD, LPCC-S 205 - <i>Protecting Clients on the Web: Social Media and Stalking</i> Anna Settle, LPCC, NCC,	206 - <i>Human Trafficking 101 for Kentucky School Counselors</i> Michelle M. Harrison, LPCC, NCC; Christi Wells	207 - <i>School Shooting Aftermath and Lessons Learned</i> Heather Losser, Jonathan Durr, Marshall County Mental Health Counselors and Scott Terry, Marshall County School District Recovery Specialist (Pending)	208 – <i>Play-Based Cognitive Behavioral Interventions to Achieve Students Growth in Elementary and Middle School Students</i> Jenna Alvarez, PhD, Licensed School Counselor and Licensed Intervention Specialist in Ohio; Jennifer Marshall	209 - <i>Projcct Based Learning Career Exploration ILPs</i> Dr. Damien Sweeney, KDE Coordinator for Comprehensive School Counseling Dr. Jillian Atherton, LPCC; KDE, Ex. Branch *Parking Lot KHEAA College Info Road Show Kevin Wilson	210 – LGBT <i>Benefits and Challenges of Utilizing Video Counseling with LGBTQ+ Clients in Rural Areas</i> BethAnne Swick, LPCC-S	211- <i>GRIEF ON THE GO – Happy and Hard Are Not Mutually Exclusive</i> Leslie Dunn, retired school counselor, Speaker / Trainer, Dunningood Productions	212 - <i>Cognitive Behavioral Therapy in Addictions Treatment</i> Jennifer Erwin, LPCC, KCADC
10:30 – 11:30	GENERAL SESSION in Trimble/Taylor/Whitley Room on 2 nd floor. Keynoter: Barbara McFarland, Author, Professional Speaker “Life Work Balance”									

11:45-1:00	LUNCHEONS: School Counselors in Poolside Exhibit Hall LPCA/LPCC in Coronet A/B					Box Lunches in Crowne A Exhibit Hall (as self-designated on registration form)					
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Sessions 301 – 313 Thursday 1:10 – 2:00	*301- Whitley <i>A New Tide Rising: Integration of Counseling in Medical Practices</i> Dr. Gary Patton, LPCC, NBCC, Chair/Professor – Department of Counseling, Univ of the Cumberlands; Dr. Matt Lyons, Dean of School of Social and Behavioral Sciences Univ of the Cumberlands	302- <i>Desperate Measures: Bariatric Surgery Overview for Mental Health Counselors</i> Jennifer Neagle-Fugate, LPCC-S, NCC 303 – <i>DBT is Not Always the Answer</i> Dr. David Maynard, LPCC-S	304 – <i>Using Transference and Counter Transference</i> Dr. Patrick Hardesty, Professor at LWC	305 - <i>The Influence of Social Media on the Development of Adolescent Sexuality</i> Linda E. Fentress, LPCC; Doctoral Student; Debra Perez, LPC, Doctoral Student	306 - <i>Interconnected Systems Framework: Collaborating with Schools to Meet Student Mental and Behavioral Health Needs</i> Lori Price, LPSy; Pulaski County Schools; Tina Hamm, LPCC-S, RPT-S, NCC	307 - <i>A School Counselor's Guide to Evidenced Based Approaches to Serving Students with Disabilities</i> Jenna Alvarez, PhD, Licensed School Counselor and Licensed Intervention Specialist in OH	308 – <i>Career Exploration, Pathways, and Experiences 101</i> Dr. Jillian Atherton, KDE, LPCC-S *Parking Lot KHEAA College Info Road Show Kevin Wilson	309- LGBT <i>Gender Identity and Religious / Spiritual Identity in Faith-based Higher Education</i> Dr. Stephen Stratton, Asbury Theological Seminary; Dr. Janet B. Dean, Asbury University	311 – Grad Students <i>A Holistic Approach to Maximizing your Success as a Graduate Student via Self-care Practices</i> Dr. Susan Patterson, LPCC; LWC Dr. Annette Abel, Dr. Holly Abel, LWC	312 - <i>Pornography: The Hidden Addiction</i> Hannah Coyt, LPCC-S, NCC 313 – <i>Vision Quest: Examining Kentucky Ayahuaska</i> Dr. Angela Spiers, LPCC-S, NCC; Dr. Lawrence Crouch, LPCC-S; Dr. Ralph Turner	
Sessions 401 – 413 Thursday 2:10 – 3:00	*401 - Whitley <i>Trauma Treatment - Where do I begin?</i> Dr Jennifer R. Werries, LPC, NCC, Private Practice, New Pathways Counseling, Midland , Michigan	402 - <i>Truama in Couple Therapy</i> Normanda Lawless, LPCC, NCC 403 – <i>The Power of One: Developing Resilience</i> Dr. Steven Patrick, LWC; Elijah Sprague, LPC	404 - <i>Lessons Learned from Implementing Online Counseling in Private Practice</i> Amber Hord-Helme, LPCC-S, NCC 405 – <i>Revisiting Carl Rogers: Person Centered Therapy</i> Dr. Maurice McCormick, LPCC	406 - <i>Object Relations Family Therapy</i> Dr. Patrick Hardesty, Professor at LWC	407 - <i>Prejudice Prevention Counseling Skills, Multidimensional Model for Prejudice Prevention and Reduction</i> Dr. Daya Sandhu, Director of Research, LWC; Patrice Callery	408 - <i>Substance Abuse Prevention Programs for Children and Adolescents</i> Dr. James Hightower, Univ of the Cumberlands	409 - <i>Kentucky's New School Counseling Standards of Practice</i> Dr. Damien Sweeney – Program Coord for Comprehensive School Counseling KDE *Parking Lot KHEAA College Info Road Show Kevin Wilson	410 - LGBT <i>Implementing Affirmative Therapeutic Interventions with LBGT+ Clients</i> Veronica Ribulotta-Singleton, LPCA 411 – <i>Thriving in an Isolated Workplace: When Counselors Work Among Other Disciplines</i> Samantha Rouse, LPCC	310 – <i>Ethical and Legal Considerations for Counseling and Supervision in a Digital Age</i> Dr. Daniel Williamson, LPCC-S, NCC; Dr. Jennifer Williamson, LPCC-S, NCC; Amber Hord-Helme, LPCC-S, NCC	Grad Students and Research 412 <i>Harry Potter and the Working Alliance: New Approaches to an Evidence-Based Practice</i> Dr. Allison Levine, Rehab and MH Counseling - UK	413 - <i>What are We Missing? Assessing Suicide Risk in Substance Use Populations</i> Carson Economy, LPCC; Anna Settle, LPCC, Hannah Coyt, LPCC-S, NCC

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Sessions 501 – 513 Thursday 3:10 – 4:00	501 - Whitley <i>Demonstration of Reality Therapy with Hard to Reach Client</i> Dr. Robert Wubbolding, LPCC, CRT – Center for Reality Therapy	502 – <i>The Impact of Stress and Crisis on Resilience</i> Tammy Shaffer Totten, EdD, LPCC 503 – <i>Developing Issues & Concerns in Diagnosis</i> Dr. Edwin Gunberg, LWC	504 – <i>Using Dreams in Counseling: Unveiling the Unconscious</i> Melanie Erwin-Pennington, LPCA; Dr. Patrick Hardesty, LWC, Jennifer Erwin, LPCC	505 - <i>Addressing the Unspoken Trauma Wounds of Sexual Assault and Empowering Family Resiliency</i> Tiffany Priddy, LPCC-S; Sherrika Harvey 506 - <i>There’s an App for That</i> Jennifer Neagle-Fugate, LPCC	507 – <i>Psychological Profiles of Violent Students</i> Hannah Coyt, LPCC-S; Jackie Montgomery, Dr. Sandhu *Parking Lot KHEAA College Info Road Show	508 - <i>Careers in the Technical Fields: Challenging the MYTHS</i> Dana Tackett KDE, Office of Career and Technical Ed and Student Transition	509 - <i>Comprehensive School Counseling Programs: Redefining our Roles</i> Dr. Michelle Sircy, JCPS	510 – LGBT <i>Prioritizing lifespan development when counseling LGB individuals</i> Dr. Quentin Hunter, LPCA, LWC; Katelyn Gosnell Richey, 511 <i>Make Self-Care a Priority: Explore Your Wellness Strategies, Warning Signs, and Resources</i> Dr. Cheryl Wolf LPCA, NCC	512 – <i>Strategies for Combating Hostility in the Workplace Environment</i> Dr. Rebecca Pender Baum, LPCC-S, NCC; Chaenlla Clark, Alfonso Martinez, Murray State University	513- <i>The Role of Addictions in the Lives of Women Who Have Overcome an Experience with Human Trafficking</i> Michelle M Harrison, NCC, LPCC,
Sessions 601 – 613 Thursday 4:10 – 5:00	601 - Whitley <i>YOU CAN BE READY FOR WHAT YOU DON'T KNOW IS COMING: You Are Hard Wired to Bounce Back from Adversity</i> Leslie Dunn, retired school counselor, Speaker/Trainer Dunngood Productions	602 - <i>Helping Clients Resolve their Family of Origin Issues: Healing personal, family and professional relationships</i> Tiffany Priddy, LPCC-S; Sheena Falter, Sherreka Harvey	603 - <i>Trauma Informed Care In Kentucky: Strengthening Families</i> Protective Factors to Combat Adverse Childhood Experiences Brittany Renaker, LPCC-S	604 - <i>Mental Health Providers within the School System</i> Taylor Dantes, LPCA, Dr. Ashley Nicole De La Torre-Brooks 605 – <i>Recognizing Coercive Mechanisms That Create Deviant Behaviors in Children and Points of Intervention</i> Dr. Russell Hall, Asbury; Matthew Fowler, LPCC	606 - <i>Psychological Safety and SBI (2019)</i> Christina Weeter, Director, Division of Student Success, KDE; Whitney Crowe, Office of Continuous Improvement and Support, KDE	607 - <i>Packing for College: Equipping Students With the Right Mental Health Tools to Thrive on Campus</i> Katie Fowler, LPCC, NCC, University Counseling Center, Morehead State University	608 - <i>Moving from Reaction to Prevention: Kentucky’s Early Warning Data Tool for Dropout Prevention</i> Dr. Judi Vanderhaar KDE Program Consultant *Parking Lot KHEAA College Info Road Show Kevin Wilson	609 - LGBT <i>The Impact of Micro-Affirmations on a Sample of Sexual Minorities in Faith based Higher Education</i> Dr Stephen Stratton, Asbury Seminary; Jeffrey Reed, ECU; Christina Dillon, LPCA; Kacie Bledsoe, Delaney Price, and Abigail Sipe, Students	610 – Grad Students <i>You’ve Got This! How to successfully navigate the complicated world of a counselor-in-training</i> Dr. Susan Patterson, LPCC; Mona Verrico, LWC Grad Student 611 – <i>Pieces of the Private Practice Process: Is it for me?</i> Dr. Jennifer Werries Private Practice	612 - <i>Group Counseling and Detained Youth: Treatment Consideration & Implications for Counselors</i> Sarah Fucillo, PhD.; Holly Lockhart-Kidd; LPCC; Tammy Wright, LPCA 613 – <i>Rural Health Opioid Program</i> Dr Patrick Hardesty; LWC; Susan Adams, Project Director, and Laura Woodrum, Case Manger, LCDH Department

THURSDAY	CROWNE A Exhibit Hall Prize Drawings 5:00 – 5:15		
5:20 – 6:45 Afternoon Meetings	KMHCA Meeting Elliott Room 5:20 – 6:00pm All mental health counselors urged to attend	Divisional “Meet and Greet” 5:45 – 6:45pm (Poolside Exhibit Hall) Soft Drinks & Snacks Provided KCA invites all counselors to stop by and learn more about opportunities to be networked with other like-minded counselors through the various Divisions within KCA. Membership in many Divisions is free or reduced if you are a KCA member. All Divisions are welcome to participate.	
EVENING EVENTS 6:00 – 11:30pm	6:30 – 8:30pm Hospitalities KMHCA WKCA-TBA NKU - TBA	8:30 – 11:00pm Coronet A/B Social Event with DJ Sharfe Theme: Mardi Gras Great music, photo ops and socializing	

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FRIDAY

Nov 15, 2019 Friday Morning	FEATURED SESSIONS	CLINICAL MENTAL HEALTH and INDIVIDUAL TRAUMA		CLINICAL AND SCHOOL BASED	SCHOOL COUNSELING	ETHICS & LEGAL ISSUES And LGBT	SELF-CARE PROFESSIONALISM	SUBSTANCE ABUSE COUNSELING		
Nov 15, 2019 EARLY BIRD Friday 7:30 – 8:15	700A – <i>The Power of Parent Engagement in Child and Adolescent Treatment</i> Dr. Leon Ellison, LPCC-S; Aaron Meriwether, LPCC	700-B <i>Methods of Career Counseling for Downsized & Job Loss</i> Dr. Lawrence Crouch LPCC-S, Dr. Angela Spiers, LPCC-S, Jacob Hurd,	700-C <i>The Hidden Illness: The Truth Behind Akathisia</i> Melanie Erwin Pennington, LPCA Audra Boggs, LPCC-S Jennifer Erwin, LPCC	700-D <i>How Weight Bias and Size Discrimination Impacts our Wellbeing</i> Tammy Hatfield, Psy.D, Licensed PSY, U of C	700-E <i>Self Care_ Decreasing the negative impact of social-media on mental health</i> Myra Wilkinson, LMFT,					
Sessions 701-713 Friday 8:20 – 9:10	701 - Whitley <i>Understanding Recent Medicaid Changes</i> Jason Dunn, Policy Analyst, Kentucky Voices for Health	702 - <i>Treatment for Trauma Experienced by Combat Veterans</i> Tammy Hurst, LPCC, Retired Lt. Colonel, KY National Guard, Doctoral Student/Univ of the Cumberlands	703 - <i>Utilizing DBT in Treating High Risk Populations</i> Nathan Yaden, LPCA; Dr. Laura Schmuldt, Professor and Clinician, University of the Cumberlands	704 - <i>Sources of Strength – Student Resiliency through Peer Leadership</i> Part 1 Doug Roberts, EdS, Program Consultant, KDE, Rae Burgess, Program Consultant, KDE	705- <i>What goes down will come up! Understanding the powerful interplay between trauma and mindfulness</i> Part 1 Dr. Judi Vanderhaar, Program Consultant, KDE	706 <i>Olweus Bullying Program Prevention Program Addressing Hot Spots in Your School</i> Sherri Clusky, Program Consultant, KDE 707 - <i>Super Students, Super Leaders, Tools to Empower with Global Game Changers</i> Anne Walker, Chief Program and Curriculum Officer – Global Game Changers Student Empowerment Program	708 - <i>Career Exploration Counseling</i> Eugene Phelan, MS, Education Services Specialist, Department of Defense	709 - <i>Updated “Holding Patterns”: Intersection of Sexual Identity and Religious / Spiritual Identity</i> Dr. Stephen Stratton, Dr. Janet Dean, Greg Koprowski Camille Anderson-Fiddler, Natasha Clements, Zach Monroe, Students 710 - <i>Ethics for Mental Health Professionals: Issues in a Modern World</i> Dr. Jennifer Williamson, LPCC-S, NCC Dr. Daniel Williamson, LPCC-S, NCC	711 – <i>Counselor Burnout: Effective Strategies for Leaders to Decrease Counselor Burnout and Turnover</i> Audra Boggs, LPCC-S; Melanie Erwin Pennington, LPCA	712 – <i>Online Predators Sexual Grooming Via internet Communications</i> Rick Lee, M.Ed Dr. Amy Holsigner, LPCC 713 - <i>Effective Counseling Approaches for the Substance Abuse Client</i> Part 1 Geoff Wilson, LCSW, LCADC

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Sessions 801-812 Friday 9:20 – 10:10	801 - Whitley <i>IGNITE LOVE WORK/LIFE HARMONY</i> Joel Katte, MA, Keynoter, Motivational Speaker, Contract Consultant, Educator	802 - <i>Debunking the Modality Myth (and finding what really works in counseling)</i> Samantha Rouse, LPCC Special Session: <i>An Introduction to the KY LPC BOARD</i> Dr. Andrea Brooks	803 - Enhancing Resilience in Children Who Have Experienced Trauma <i>Rebecca Goines, LPCC-S; Bridget Hahn Smallwood,</i> 804 - <i>My Client Died Now What?</i> Jennifer Neagle Fugate, Doctoral Candidate; Daria Fulton, Doctoral Candidate	805 - <i>Sources of Strength – Student Resiliency through Peer Leadership</i> Part 2 Doug Roberts, EdS, Program Consultant, KDE, Rae Burgess, Program Consultant, KDE	806- <i>What goes down will come up! Understanding the powerful interplay between trauma and mindfulness</i> Part 2 Dr. Judi Vanderhaar, Program Consultant, 809 - <i>The Warm-Up: A #HIPHOPPED Exemplar</i> Dr. Damien Sweeney, KDE, Comprehensive Guidance Counseling Program Coordinator, Office of Teaching and Learning.	807- <i>Trauma Resilient SEL: A Vision for Transformation:</i> Mary Gilbert, Ed.S, Trainer & Administrator with Sanford Harmony	808 - <i>Student Transition Readiness, Dual & Articulated Credits, and Exceptional Work Experience</i> Dr. Jillian Atherton, KDE Executive Branch Harmony Little	810- <i>LGBT Affirming Counseling Approach and Development</i> Jimmy C Ausbrooks, LPCCA	811- <i>TURN YOUR MELODRAMA INTO MELLOW DRAMA: GIVE YOURSELF SOME GRACE</i> Leslie Dunn, retired school counselor, speaker – Dunngood Proeductions	812 <i>The Language of Recovery: Our Words Really Do Matter</i> Ed Johnson, M Ed, MAC, LPC, CCS; ATTC, Atlanta, GA 813 - <i>Effective Counseling Approaches: Substance Abuse Client Part 2</i> Geoff Wilson, LCSW, LCADC
10:30 – 12:00	CROWNE A BALLROOM - Buffet Brunch, Counselor Awards and Closing Session Keynoter: Jon Akers Topic: Moving Forward after SB 1 – School Safety and Resiliency Act									